



## The Recipe

### Making the remedy

When I am with a family and we are starting the process of making the remedy, I always say what was said to me, and that is – when you start this process you unlock the healing powers of placenta. This may be felt in a huge variety of individual ways.

### The Recipe

Making a Homoeopathic Placental Remedy

### Freezedry or pulp (blend) placenta

or just use a selected piece from the placenta whole.

### Add 1 part placenta to 9 parts brandy

say a piece of placenta the size of a walnut to 90 mls of Brandy.

Or say 1 teaspoon placenta plus 9 teaspoons brandy

(You can use Brandy, whisky, vodka, ethanol etc)

Sit for 3 days, or longer (in a brown glass bottle or a covered bottle/jar in a cool, dark place)

Use 1 part of this mixture and add to 99 parts brandy

### Say 2 mls mixture plus 198mls brandy

### Discard original mixture

### Succuss 100 times

Put mixture in a well sealed glass bottle and bash firmly against a phonebook (or the palm of your hand) 100 times, be focused on your task.

### This now creates the 1C MOTHER TINCTURE. 200mls

Store this in a brown glass bottle in a cool dark place.

You can store the remedy as Mother Tincture 1C) and as 5C

To prepare 5C, make 2C from 1C by:

Use 1 part of 1C and add to 99 parts brandy

**Succuss 100 times = 2C**

Use 1 part of 2C and add to 99 parts brandy

**Succuss 100 times = 3C**

Use 1 part of 3C and add to 99 parts brandy

**Succuss 100 times = 4C**

Use 1 part of 4C and add to 99 parts brandy

**Succuss 100 times = 5C**

Administer 6C

Use 1 part of 5C and add to 99 parts brandy

**Succuss 100 times = 6C**

10 drops = one dose

### Application:

This will be a constitutional remedy for the baby throughout her/his life. It could be used for many/any constitutional or unusual ailments (except) when specific remedy is appropriate eg arnica for bruising).

The placenta contains stem cells so this remedy will be a very good immune remedy.

The placenta contains all one's strengths and weakness so treating the individual with this remedy will provide balance when there is imbalance.